

GREEN TIP OF THE MONTH: Towards a Green Ramadan and a Greener Eid!



Ramadan Kareem! Each day in this blessed month of Ramadan:

Find the most environmentally friendly way you can to get to the Masjid today (walk, bike, bus or car share).	Use sunlight to brighten the indoors. Switch off the lights and conserve energy. Switch on solar energy!	Unbottle Water! Join the Islamic Environmental Group's campaign for a plastic bottle-free Ramadan.	Think prayerfully about how we are using up our resources at an unsustainable rate.	Support organic fair trade. Look for the certified organic label when purchasing products.	Go meat-free today. More carbon is used to produce meat than growing grains, vegetables, and fruits.
Turn the water off while brushing your teeth. Use less water in Wudu (ablution).	Listen. Find a spot outdoors. Observe, and contemplate the wonders of creation.	Reduce, re-use, re-purpose, and recycle. Help curb the effects of global climate change.	Plant a tree. Grow an organic garden without the use of pesticides / herbicides.	Bring your own washable plate, cup and utensils to the community Iftar. Have a waste-free Iftar.	Power Down. Unplug. Do not use electricity for as long as you can today.
Read the Qur'an. There are more than 1,500 verses related to the environment. Learn the environmental messages in the Hadith.	Know where your food comes from. Visit a farm / farmers market. Support sustainable Community Supported Agriculture (CSA).	Moving your thermostat up 2 degrees in summer and down 2 degrees in winter could prevent about 2,000 pounds of carbon dioxide per year.	Bring and use your own cloth, canvas, or reusable and recyclable bags at the supermarket or store. Say: No, thank you for 'paper or plastic'.	"Sleep mode" reduces a computer's energy consumption by 60 to 70%. At the end of the day, power it off completely.	Learn about composting. You can significantly reduce food waste and produce rich compost for garden soil. Eliminate Waste, Grow Food!
Volunteer. Clean up a neighborhood, river, park, road, etc. Help clean up your Masjid after Iftar.	Don't pollute -- Telecommute! Drive less. Have productive and efficient meetings via the phone, Internet, etc.	Use a low-flow showerhead. A family of four can save about 20,000 gallons of water per year.	Do not use Styrofoam. It is difficult to recycle, and harmful to the health and the environment.	Check your tire pressure. Low tire pressure means high energy/fuel consumption.	Configure your office or home printer or copy machine to print on both sides of the page. Save paper.
Obey the speed limit when driving. Every 10 mph faster, reduces fuel economy by about 4 mpg.	Using cold water can save up to 80% of the energy required to wash clothes. Dry clothes outside, if you can.	Consider supporting a fossil-free economy. Support renewable energy (such as solar, wind) investments.	Switch to e-billing. In the U.S., hard copy bills alone generate almost 2 million tons of carbon dioxide.	Shop responsibly. Reduce one-time use of gift-wrapping waste. Support eco-friendly, sustainable products.	Pray outside! Touch the grass, smell the earth. Rain or shine, glorify and praise the Creator. Eid Mubarak!