



Towards a **GREEN** RAMADAN and a **Greener** Eid!



Ramadan Kareem! Each day in this blessed month of Ramadan:

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| Find the most environmentally friendly way you can to get to the Masjid today (walk, bike, bus or car share). | Use sunlight to brighten the indoors. Switch off the lights and conserve energy. Switch on solar energy! | Bring a reusable water bottle to the Masjid, refill it, and label it with your name. Eliminate 'one-time use & dispose' | Think prayerfully about how we are using up our resources at an unsustainable rate. | Listen. Find a spot outdoors. Observe, and contemplate the wonders of creation. Do Tasabeeh. | Go meat-free today. More carbon is used to produce meat than growing grains, vegetables, and fruits. |
| Turn the water off when not in use. Perform Eco-Wudu (eco-ablution). | Bring your own washable plate, cup and utensils to community Iftar. Have a waste-free eco-Iftar. | Reduce, re-use, re-purpose, and recycle. Help curb the effects of global climate change. | Plant a tree. Grow an organic garden without the use of pesticides / herbicides. | Support and look for certified organic fair trade label when purchasing products. | Power Down. Unplug. Do not use electricity for as long as you can today. |
| Read the Qur'an. There are more than 1,500 verses related to the environment. Learn the environmental messages in the Hadith. | Know where your food comes from. Visit a farm / farmers market. Support sustainable Community Supported Agriculture (CSA). | Moving your thermostat up 2 degrees in summer and down 2 degrees in winter could prevent about 2,000 pounds of carbon dioxide per year. | Bring and use your own cloth, canvas, or reusable and recyclable bags to the supermarket or store. Say: No, thank you for 'paper or plastic'. | "Sleep mode" reduces a computer's energy consumption by 60 to 70%. At the end of the day, power it off completely. | Learn about composting. You can significantly reduce food waste and produce rich compost for garden soil. <i>Eliminate Waste, Grow Food!</i> |
| Volunteer. Clean up a neighborhood, river, park, road, etc. Help clean up your Masjid after Iftar. | Don't pollute -- Telecommute! Drive less. Have productive and efficient meetings via the phone, Internet, etc. | Use a low-flow showerhead. A family of four can save about 20,000 gallons of water per year. | Do not use Styrofoam. It is difficult to recycle, and harmful to the health and the environment. | Plant a rain garden. Install a rain barrel at your home. Fix any leaks. Reduce your water footprint. | Configure your office or home printer or copy machine to print on both sides of the page. Save paper. |
| Join and support the climate & environmental justice movement. Help alleviate the climate refugees' crises. | Using cold water can save up to 80% of the energy required to wash clothes. Dry clothes outside using solar heat. | Consider supporting a fossil-free economy. Support renewable energy (such as solar, wind) investments. | Switch to e-billing. In the U.S., hard copy bills alone generate almost 2 million tons of carbon dioxide. | Shop responsibly. Reduce one-time use of gift-wrapping waste. Support eco-friendly, sustainable products. | Pray outside! Touch the grass, smell the earth. Rain or shine, glorify and praise the Creator. Eid Mubarak! |